

Sioux Council
Webelos Camp



**FRONTIER
ADVENTURE**

2023
Camper Guide

31071 430th Avenue
Tabor, SD 57063

Dear Cub Scout Leaders:

Lewis & Clark Scout Reservation Staff and the Sioux Council are thrilled to welcome you and your Cub Scouts to Webelos Camp! Generations of Scouts have enjoyed camping among the bluffs of the Missouri River. The entire team is so grateful to you for offering this tremendous opportunity to your Scouts!

There will be two sessions of Frontier Adventure Webelos Camp offered in 2023. Webelos and Arrow of Light Scouts attending July 2-5 will have a chance to see what it's like to be at camp with older Scouts, plus, celebrate July 4th at camp, Scout style. Or come July 12-15 for Session 2.

This year, we will offer excellent enrichment and opportunities for all Scouts. We are excited about our celebration of the 220th anniversary of the Louisiana Purchase and Lewis & Clark! We encourage Packs to come to camp equipped with props, costumes and other spirit items that reflect and support the history of Lewis & Clark's expedition. By participating in the camp theme, you will augment your Scouts' stay at camp and add to the rich program that we have prepared.

This Leader Guide has been assembled to help you plan a successful, fun and fulfilling camping experience for every Scout in your Pack.

Please encourage each Scout and his or her family to participate in summer camp. If a family has financial concerns, please direct them to the Campership Application, which can be found on the Sioux Council website. We want every Scout to participate, regardless of ability to pay or circumstance. We know that summer camp changes lives! At L&C, our staff works diligently to ensure that Scouts have the best experience possible and we work to facilitate opportunities that support your Pack's year-round program.

On behalf of the Sioux Council and the entire L&C Staff, we look forward to seeing you at camp this summer!

Yours in Scouting,

Aaron Collins

Council Program Director



How Do You Get in on the Action at Webelos and Cub Resident Camp?

Getting ready for camp is easy!

1. Read the material included in the camp guide.
2. Discuss with your Scout the exciting opportunity that going to camp will provide for them.
3. Contact your Den Leader to see if your den will be going as a group.

Register online at www.siouxCouncil.org. We would prefer registering as a Pack but will accept individual Scout/parent registrations.

Talk it over and talk it up! It'll make for a high point in your Scouts' summer.

General Camp Information

Camp fees are shown below. Registration is available online at www.siouxCouncil.org.

Webelos Camp Registration Fees: (Currently Grades 3-4)

Webelos Camp Session 1: July 2 -5, 2023

Webelos Camp Session 2: July 12-15, 2023

By May 3, 2023

After midnight May 3, 2023

Youth \$130

Youth \$150

Adult \$ 75

Adult \$100

Sessions fill on a first come, first serve basis. The quicker you can get your reservation in, the better chance you have to get the camp of your choice. We allow 150 total participants to attend each session. Register your Scout(s) as soon as possible.

Reminder to review the refund policy on Page 5.



General Camp Information

Camp Address

Lewis and Clark Scout Reservation, 31069 430th Avenue, Tabor SD 57063

Telephone

The camp telephone is used for camp business and emergencies only. Since there is only one line into camp, it cannot be tied up with personal calls. The camp number is (605) 665-7970.

Food Plan

All Meals will be served cafeteria style in our Dining Hall. If needed, please complete the Dietary Notification form on page 17 to address any allergies or special dietary needs. Please contact camp staff at least 15 days before your arrival to discuss any allergies or special food requirements.

Trading Post

There is a Trading Post to provide additional snacks and souvenirs, so Scouts and Leaders may wish to bring some spending money (est. \$100.00 to \$150.00). We suggest talking with pack leaders to establish a unit "banking" system to help safeguard money Scouts bring to camp. We cannot be responsible for lost or stolen personal items.

Visitors

Parents who would like to camp overnight in order to help provide transportation home may pitch a tent in the family camping area. A small camping fee of \$5.00 will apply. Vehicles must be parked in the designated parking area across from the administration building. Advanced reservations for camping and meals are required.

Lost & Found

We will keep all the lost & found materials at camp for the entire summer. Everything will be sent to the Sioux Council Center for Scouting and held until the first of September. After that date all lost & found materials will be donated to a local thrift store.

Pets

ARE NOT ALLOWED AT CAMP.

Camperships

Financial assistance for Sioux Council Scouts, demonstrating a financial need is available while attending Lewis and Clark. Your Pack leadership should contact the Sioux Council office for the most current scholarship forms.

Adult Leadership

In accordance with the national policies of Boy Scouts of America, Cub Scouts can go camping on a limited basis. Only when accompanied by registered and youth protection trained leaders and/or parents. The leadership policy of the BSA states that a minimum of two adult leaders, age 21 or older are required for each Pack trip or activity. While your group is at camp, they will be in campsites of more than one group. It is recommended that parents not attending camp take their Scouts to camp and meet their leader there at the beginning of the session and pick them up at camp at the end of the session. You will need a ratio of 2 adults to every 8 youth.



COVID Screening

All participants and attendees should monitor their symptoms before attending this event. If you have a fever, chills, coughing or any of the other CDC identified symptoms within 24 hours of the event we ask that you not attend and contact our office for refund details.

Health Lodge

A camp health officer serves as a regular member of the camp staff. (A volunteer physician supervises the camp's medical care services.) In the event of a serious accident, illness, or hospitalization, parents are contacted. However, care is not delayed. Medical care given at the camp by the camp medical officer is without additional charge. Scouts whose care requires use of disposable items such as non-rebreather masks will be charged the cost of such items. **Treatment provided outside of the camp is at each family's expense, forms are filed for insurance coverage.** The Sioux Council does participate in an insurance plan which assists with deductibles and uninsured costs.

Insurance

Scout campers registered with the Sioux Council are covered by the council's sickness and accident policy while attending camp and during travel between camp and home. The council's policy meets costs beyond those covered by a Scout's family policy. It is important that the name of the family's insurance carrier and policy number be provided on the personal health and medical summary.

This plan is intended to alleviate many of the identified concerns that have been raised with traffic in camp. **SCOUT SAFETY IS OUR NUMBER ONE CONCERN.**

Conditioning

A number of leaders attending camp have recommended that we alert adults to the fact that Lewis and Clark Scout Camp is situated on bluffs along the Missouri River. The bluffs provide an exhilarating view of forest, water, and the rolling expanse of Nebraska. The bluffs also mean that everyone at camp must climb and descend hills walking from campsites to dining hall to program areas.

Suggestions: Do some extra walking, jogging or bicycling beginning several weeks before you come to camp.

Nametags and Wristbands

As part of our camp security program, all Scouts, leaders and registered visitors are required to wear a camp supplied identification badge or wristband. If an ID badge or wristband gets worn out or lost while at camp, please see a camp commissioner and we will be happy to replace it. Please bring the old ID if you have it. There is a \$1 fee for each replacement badge. Anyone not wearing an ID badge or wristband will be asked to stay with staff until registration is verified and an ID can be provided.

Refund Policy

Since our program and food supplies are purchased based upon the number of Scouts pre-registered, it is our policy to refund only because of an emergency. Scouts who choose not to attend camp of their own free will, cannot be granted a refund. Fees may be transferred to a Scout not already registered for camp. Please present refund requests in writing to the Sioux Council.



Discipline

Lewis and Clark Scout Reservation, in accordance with the policies of the Boy Scouts of America, will not permit staff, volunteer leaders, or Scouts to use corporal or other harsh punishment. No humiliating or frightening method of discipline will be used to control the actions of any camper. Initiations which frighten or humiliate, including forms of hazing, are also not permitted.

Violations of this policy may result in immediate dismissal from camp.

Dangerous Items and Substances

Some items are not permitted at camp. Failure to abide by the camp rules may lead to dismissal from camp. Do not bring any alcoholic beverages or illegal drugs into camp. Firearms, ammunition, personal BB guns, fireworks, bows and arrows, and sheath knives are items that should not be brought to camp. The use of aerosol propellant-based insect spray is prohibited. Please use personal sized insect repellent in squeeze bottles or with a pump action.

Fuel Policy

National BSA policy permits use of liquid fuel only under the direct supervision of a knowledgeable adult leader. Gasoline and other flammable substances are to be stored in the approved fuel storage area in camp. (Contact the camp commissioner or camp administration). Propane or LPs are the preferred fuel and liquid fuels (white gas) are discouraged.

Open flames (i.e., candles, sterno, kerosene lanterns, cigarettes, etc.) are not allowed in tents.

Firearms Policy

Personal firearms, ammunition and archery equipment are strictly prohibited. Lewis and Clark provides all equipment necessary for the field sports activities.

Fireworks Policy

Possession or use of fireworks at Lewis and Clark is strictly prohibited and cause for dismissal from camp.

Severe Weather

Storm shelters are located throughout the camp. In the event of a weather emergency, staff will notify units and direct them to the closest shelter.

Prohibited Items

(May result in immediate dismissal from camp)

Hunting/Sheath Knives	Fireworks	Bicycles
Scooters	Motorized Carts	Firearms/Ammunition
Archery Equipment	Illegal Drugs	Alcoholic Beverages
Flames in Tents	Firewood	Pets

Smoking and Vaping are discouraged and must be done out of sight of Scouts in the parking lot!! Remember YOU set the example.



Arrival and Check in

*The speed limit at Lewis and Clark is **15 mph**.*

*Regulations specify that all truck riders be in a passenger compartment
(no riding in beds, covered or uncovered).*

Plan to arrive at camp between 5:00 pm and 6:30 pm on the first day of your camp. In order for the camp staff to complete their pre-session meeting, greeting of Packs will not begin until 5:00 pm. If you arrive earlier than 5:00 pm, be prepared to make yourselves comfortable in the areas near the parking lot. We strongly encourage Packs to make travel arrangements so that all members of the Pack arrive at camp at the same time.

You will be greeted by the camp commissioner and your campsite commissioner for the week. They will assist you in unloading and loading personal gear onto camp service vehicles to transport your Pack gear to your camping site.

A Pack leader will proceed to the administration building to:

- Present the Pack roster.
- Receive campsite assignments.
- If attending Webelos camp, they will finalize adventure schedules.

Your campsite commissioner will lead the pack to the medical lodge for medical rechecks and to their camp for orientation.

Your campsite commissioner will lead you to your campsite. The camp ranger and other staff will pull trailers and/or transport by truck all den equipment. *Please do not drive equipment or trailers to your site yourself.*

Swim checks will be done at the waterfront the evening you arrive. Please make sure all Scouts have access to swimsuits, towels and water bottles when they arrive at camp.

Water shoes are required for anyone entering the water.



CHECKING IN AND OUT OF CAMP

BSA Registration

All Youth must be registered as members of the Boy Scouts of America and camp fees must be paid in order to stay at camp and participate.

Vehicles and Parking

Scout leaders, staff and parent vehicles will be parked in lots located across the road from the administration building.

One vehicle per Pack, upon special request and demonstration of need, may receive a permit to park in one of the designated lots (down the hill). These vehicles may be used only for:

*Handicapped accessibility

Scouts will hike into campsites on arrival day and out of the campsite on departure day.

Under NO circumstances will any individual ride in the bed of a truck.

Restricted roads, from the south ends of the parking lot, will be for the use of permitted camp service and other authorized vehicles only (permit showing).

This plan is intended to alleviate many of the identified concerns that have been raised with traffic in camp. SCOUT SAFETY IS OUR NUMBER ONE CONCERN.

Care of Equipment

All campers and leaders are reminded that they are responsible for any damage above ordinary wear and tear they might cause to camp facilities or equipment.

Leaving Camp During the Week

Campers and leaders who must leave camp during the week must sign out at the administration building. Campers may leave only with a parent or guardian. Leaders must be present when a camper checks-out of camp.



WEBELOS CAMP PROGRAM

Pack Program

Although most of your time at Lewis and Clark Scout Reservation will be spent participating in activities which are part of a program schedule, do not underestimate the importance of interactions among members of your local Pack or Den. You, as den leaders and parents, will live and move with your Scouts for the duration of camp. You will set the example and encourage each Scout to take on new responsibilities, cooperate better with others, and live in accordance with ideals of Scouting. This is a major part of the Webelos program.

Feedback in past summers has included comments from some participants to the effect that there has not been enough time for the dens to be on their own and spend time relaxing at camp. Others have expressed appreciation of the fairly continuous schedule of activities during the relatively short time at camp. Use the information about program offering from the daily schedule and on the following pages to plan *your* Lewis and Clark Webelos program.

Advancement Program

Much of each day's program time is devoted to activities designed to help Webelos satisfy activity pin requirements. Some activity periods are specifically identifiable as dedicated to one particular activity pin or another. Please address any questions regarding requirements completed before leaving camp. It is the Pack's responsibility to report completed Adventures to the Council.

Individual Activities

There are times when you can choose to work with Scouts on individual activities back at the campsite. You may also choose to accompany your Scouts back to a place in camp they found worth further explorations. Scouts always like to explore.

NOTE: Adult supervision of Scouts, as well as use of the buddy system, is essential when camping and exploring.

NOTE: Everyone, Scouts and adults alike, must take the swim test before swimming or boating in the water. Swimming proficiency determines which depth of water may be used for swimming and which boats may be used. This swim testing is part of the BSA Safe Swim Defense Plan, which governs the use of all BSA swimming and boating areas.

Water shoes are required for swimming.



PROGRAMS

Continued for 2023!

Scouts will have the opportunity to work on Activity Pins or Nova Awards

Nova Awards

- Science – Down and Dirty
- Technology – Cub Scouts Can Code
- Engineering – Up and Away
- Math – 1-2-3-Go

Adventure Pins

- Aquanaut
- Art Explosion
- Build It
- Building a Better World
- Castaway
- Earth Rocks
- First Responder
- Into The Wild
- Into The Woods
- Modular Design
- Outdoor Adventure
- Webelos Walkabout

PROGRAMS Cont.

Evening Group Activities

- Canoeing
- Open Swim
- Gaga Ball
- Campfire Cooking
- Branding Station
- Water Kickball
- Challenge Valley
- Yo-Yo Preview Adventure

Adventure Activity options

- Fishing Angler Education
- BB Gun and Archery

Scouts will still have a chance to participate in all group and adventure activities.

Water Shoes are Required.



Cub Camps



Webelos Camp Pre-Requisites

Pin/ Award	Pre-requisites ** These are items to be completed before you arrive at camp.
Aquanaut	You must have water shoes to go in the lake.
Art Explosion	No items to be completed before camp.
Build It	Learn about a construction career. With your Webelos den leader, parent or guardian, visit a construction site and interview someone working in a construction career.
Building a Better World	Meet with a government or community leader and learn about their role in your community. Discuss with the leader an important issue facing your community.
Castaway	On a campout or outdoor activity with your den or family, cook two different recipes that do not require pots and pans.
Earth Rocks	No items to be completed before camp.
First Responder	Put together a simple home first aid kit and bring to camp.
Into the Wild	No items to be completed before camp.
Into the Woods	No items to be completed before camp.
Modular Design	No items to be completed before camp.
NOVA Engineering Up and Away	Choose A or B or C and complete All of the requirements. Bring with you to camp.
NOVA Math 1-2-3-Go	Choose A or B or C and complete All of the requirements. Bring with you to camp.
NOVA Science Down and Dirty	Choose A or B or C and complete All of the requirements. Bring with you to camp.
NOVA Technology Cub Scouts Can Code	Choose A or B or C and complete All of the requirements. Bring with you to camp.
Outdoor Adventure	No items to be completed before camp.
Webelos Walkabout	Assemble a first aid kit suitable for a hike and bring to camp.



Webelos Camp Daily Schedule

Day 1

5:00 pm – 6:45 pm	Registration, medical review, head to campsites
7:00 pm – 7:30 pm	Supper @ Keel Boat program area
7:30 pm – 9:00 pm	BB Guns and Archery at Old Rifle Range (Trading Post Open)
9:00 pm – 10:00 pm	Open Time (Trading Post Open)
10:00 pm	Taps (Den leaders and parents are responsible for settling scouts quietly in bed. "Lights-out" shortly following Taps.)

Days 2 & 3

7:30 am	Reveille
8:00 am	Flag Raising followed by breakfast
8:45 am – 10:15 am	Work on Activity Pins
10:30 am – 11:45 am	TBA
12:00 pm	Lunch in the Dining Hall
12:30 pm – 1:30 pm	Personal Time (Trading Post Open)
1:30 pm – 3:00 pm	Work on Activity Pins
3:10 pm – 4:00 pm	Shooting Sports
4:15 pm – 5:00 pm	Open aquatics
5:00 pm – 5:55 pm	Personal time (Trading Post Open till 5:45 pm)
5:55 pm	Closing Flag Ceremony followed by Supper
6:45 pm	Evening Games at Keel Boat program area (Day 2) (Trading Post Open)
6:45 pm	Free time (Trading Post Open) (Day 3)
7:30 pm	Campfire preparation (Day 3 only)
8:00 pm	Campfire (Day 3 only) (Trading Post open after campfire)
10:00 pm	Taps

Day 4

7:00 am	Reveille
8:00 am	Light breakfast served as packs arrive "up-top" for departure
8:30 am – 9:30 am	Departure as pack equipment is brought from the sites



CAMP EQUIPMENT

Den Equipment: You might want to visit with leaders of a Scouts BSA Troop for equipment suggestions for a stay at camp. The patrol or crew overnight camping gear list found in the Scouts BSA handbook might be helpful as you pack gear. You will not need to worry about cooking equipment. The following listing may be helpful. Bold face items are the most necessary.

First Aid Kit	Tents*, poles, stakes
Program Books***	Hammer
Song Books***	Lawn Chairs
Tools**	Ice Chest with locking lid
Lanterns	Rope & Twine

* BSA National Standards require tents to have a minimum of 30 square feet of floor space per camper and the warning "No Flame in Tent" marked on the outside near the doorway.

** Consider such items as a screwdriver, duct tape, vise grips, sharpening stone, oil etc...

*** You might want some ideas for campfire skits, etc.

Following are Items That Webelos Will Find Useful at Camp:

<input type="checkbox"/> Health form (required)	<input type="checkbox"/> Toothbrush & paste	<input type="checkbox"/> Towels
<input type="checkbox"/> Webelos handbook	<input type="checkbox"/> Air mattress or cot	<input type="checkbox"/> Insect repellent
<input type="checkbox"/> Webelos uniform	<input type="checkbox"/> Jacket or sweatshirt	<input type="checkbox"/> Underwear
<input type="checkbox"/> Long pants	<input type="checkbox"/> Raincoat or poncho	<input type="checkbox"/> Soap
<input type="checkbox"/> Shorts	<input type="checkbox"/> Sturdy shoes or boots	<input type="checkbox"/> Water bottle
<input type="checkbox"/> Small pillow	<input type="checkbox"/> Extra socks	<input type="checkbox"/> Swimsuit
<input type="checkbox"/> Flashlight	<input type="checkbox"/> Bed roll or sleeping bag	<input type="checkbox"/> Fishing gear
<input type="checkbox"/> Tent, etc.	<input type="checkbox"/> Pajamas	<input type="checkbox"/> Sunscreen (If you plan to fish)
<input type="checkbox"/> Swimming shoes	<input type="checkbox"/> T-shirts	<input type="checkbox"/> Hat

Required to be able to swim

Don't Bring

- Carpet
- Futon (or other indoor furniture)
- Firewood (we have plenty)
- Excessive water (our water is from a municipal source)
- Excessively large coolers (shouldn't take more than 1 person to lift)
- Expensive watches, clothes, shoes, jewelry....you get the idea.

**The Sioux Council BSA cannot be responsible for lost or stolen items.*



Your Campsite

Picnic tables are provided in each campsite. You will find an established fire circle in each campsite. We ask that you use this fire site for all campfires you may wish to build.

The den's campsite arrangement and orderliness reflect upon the den's standards. Living in a clean and well-organized site helps a Scout feel pride in themselves.

Listed below are the aspects of a well-established den campsite. The camp commissioner will visit you and your site during the week. The commissioner may share ideas with you about ways to improve your site.

- ___ American and Pack flags displayed with Pack identification.
- ___ First Aid Kit available in a central location
- ___ Campsite laid out with clear and safe traffic lanes.
- ___ Tents and flies pitched correctly taut and using proper knots.
- ___ Tents marked with "No Flame in Tent" sign or stencil.
- ___ Campsite clean—food and gear properly stored, surfaces clean.
- ___ Garbage cans used and covered: liners in place.
- ___ Bulletin board with roster, fire guard plan and program posted.
- ___ Latrine clean
- ___ Saw/axe yard separated from central site, marked and large enough.
- ___ Respect is shown for camp facility—no marking of trees or property.
- ___ Handicap vehicles parked in designated area (if applicable)

Flag Ceremonies

Flag Ceremonies are held per the schedule.

FINAL CHECK LIST

- ___ Bring your health forms to camp and signed COVID acknowledgment forms. Every youth and adult needs to have a completed health history. Youth forms must be signed by the legal parent or guardian. You should complete a separate health form for each camp attended.
- ___ If any youth is leaving early with someone other than a parent, a signed letter indicating such must be provided by the legal parent or guardian.
- ___ All personal gear is packed.
- ___ Sufficient and safe transportation has been arranged to and from camp. (*Remember no one is to ride in the bed of a pickup covered or not*)
- ___ There is sufficient leadership. BSA policy requires two deep leadership.
- ___ Fees have been paid to the Sioux Council Center for Scouting.

DIETARY NOTIFICATION FORM

We must receive this form **14 days prior to your camp arrival** to make the necessary substitutions. **THESE ITEMS ARE SUPPLIED BASED UPON AVAILABILITY.** We will do our best to accommodate your needs, *however for certain severe allergies (especially a person allergic to multiple items) or diet restrictions we may ask you to bring your own trail food.*

Please fill out **ONE (1) FORM PER INDIVIDUAL** with a dietary restriction and bring a copy.

ALL FIELDS ARE REQUIRED

Troop Number _____

Name of person with Restriction _____

Email / Phone # (of youth parent or adult) _____

Type of Allergy / Restriction (i.e. peanut allergy, gluten-free, vegetarian, no pork etc.)

If an allergy, it is by? Please select all that apply: Ingestion Contact Airborne

Other _____ Severity of Allergy (i.e. anaphylactic, rash) _____

Is Allergy/Restriction controlled or treated by Medication? Check one YES NO

If so, will participant have this Medication on this adventure? Check one YES NO

What type of Medication? _____

List Symptoms Experienced (i.e. vomiting, dizziness) _____

Additional information /substitution suggestions useful to Food Service and the Commissary?

For office use, only!

Troop#: _____

Scout Name _____

ALLERGY / RESTRICTION _____

PROVISIONS MADE: Y OR N BY WHOM? _____ DATE _____

Quality Camping

The Sioux Council Camping Committee is committed to camps that meet high standards for health and safety, food service, program, maintenance, conservation, staffing, and administration.

Lewis & Clark is a Nationally Accredited Camp Your Assurance of Quality



Lewis & Clark Scout Reservation

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